



2018 KAY HALL

Hike for Hunger

Heart + Hand Outreach Ministries



Heart + Hand

OUTREACH MINISTRIES

Walking Event starts at:

212 D Street, South Charleston (@Heart + Hand)

October 14, 2018 at 2:00pm

Heart + Hand helps 5,000 individuals each year with food, clothing, household items, work shoes, home medical equipment, diapers, formula, utility assistance, and more! Low income families residing in South Charleston, St. Albans, Tornado, Dunbar, Institute, and Alum Creek meet with a caseworker at our South Charleston office to identify solutions to their basic needs. Putnam County residents benefit from the convenience of our office located at the Winfield United Methodist Church. We recently added a satellite office at the Chesapeake City Hall to assist residents of the Riverside High School district every Friday.

This fun annual event brings the community together to increase funding for our programs. We'll be starting from Heart + Hand in South Charleston and will follow an all new course through the streets of downtown South Charleston.

We need your help. Create a team, get sponsors, walk with us and HELP FEED THE NEED!

Pre-Registration Requested

Name _____ Team / Church Name (optional) _____

Address _____

Phone _____ E-mail _____

Include a \$20 individual registration fee and preferred shirt size _____

Participating Dog's name _____

Include a \$10 registration fee for your dog to receive an event bandanna.

**Register online at the Heart + Hand Outreach Ministries Facebook Page or
Return this Pre-Registration form by September 15, 2017 to:**

Patty Tilley, Program Director
Heart + Hand Community Service Center
212 D Street
South Charleston, WV 25313
304.744.6741
heartandhandsc@hhomwv.org



Sponsorship sheet and donations should be turned in at the event registration table.



2018 KAY HALL

Hike for Hunger

Heart + Hand Outreach Ministries



Heart + Hand

OUTREACH MINISTRIES

Participant's Sponsorship Sheet

How it works:

1. Submit a completed pre-registration form including your shirt size.
2. Collect as many sponsorships as possible from friends, family, and co-workers.
3. Pick up your shirt and drop off money collected September 24th or on the day of the event.
4. Event starts at 2pm: Heart + Hand, 212 D Street, South Charleston.
5. Walk the route: 1.5 miles through historic downtown South Charleston.
6. Refreshments and cool down at the new Café Appalachia, located beside Heart + Hand.

Name _____

Phone _____

| Sponsor Name | Phone | Pledge | Collected |
|--------------|-------|----------|-----------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| TOTAL | | \$ _____ | \$ _____ |